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COMPOSITION & NUTRITIONAL INFORMATION

Ashwagandha Extract 5% Withanolides

1. Composition

We, Chengdu PNP Biotech Co., Ltd., declare the composition of the supplied Ashwagandha Extract 5% Withanolides, a hydroalcoholic extract of *Withania somnifera* (L.) Dunal whole plant, standardised on total withanolides and spray dried without any carrier, excipient or additive, supplied as a light brown to brown powder, as set out below.

Component	Content
Ashwagandha Extract	100.0%
Excipients	0
Additives	0

2. Nutritional Information

Nutritional information per 100 g of the supplied ingredient:

Component	Amount per 100 g	Unit
Energy	1,622 / 388	kJ / kcal
Total Fat	0.5	g
Total Carbohydrate	90.3	g
Dietary Fiber	n/d	g
Total Sugars	n/d	g
Protein	4.0	g
Salt	n/d	g

The article is a carrier-free hydroalcoholic extract powder. Protein and fat are typical values for this grade; carbohydrate is calculated by difference from the moisture (2.21%) and total ash (3.01%) of the batch covered by the reference certificate of analysis. Dietary fibre, total sugars and salt are not determined in that certificate and are shown as n/d. Energy is calculated with the EU conversion factors of 17 kJ/g for carbohydrate and protein and 37 kJ/g for fat (Regulation (EU) No 1169/2011). Withanolides are declared from the assay specification of not less than 5.0% on the dried basis, equivalent to 5,000 mg per 100 g. Values are typical reference values for the ingredient as supplied.

Prepared by: Mia Yu Approved by: Charlie Wang Date: Nov. 18, 2026