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COMPOSITION & NUTRITIONAL INFORMATION

Lions Mane Powder

1. Composition

We, Chengdu PNP Biotech Co., Ltd., declare the composition of the supplied Lions Mane Powder, the ground fruiting body of *Hericium erinaceus*, supplied as a yellow to yellow-brown powder without any carrier, substrate or additive, as set out below.

Component	Content
Lions Mane Powder	100.0%
Excipients	0
Additives	0

2. Nutritional Information

Nutritional information per 100 g of the supplied ingredient:

Component	Amount per 100 g	Unit
Energy	1,184 / 283	kJ / kcal
Total Fat	2.8	g
Total Carbohydrate	65.4	g
Dietary Fiber	41.4	g
Total Sugars	3.2	g
Protein	20.1	g
Salt	0	g

Typical reference values for the dried, milled fruiting body as supplied, compiled from published compositional data for Hericium erinaceus; they are not batch-specific analytical results and may vary with strain, substrate and processing. Dietary fibre is included within total carbohydrate. Energy is given in kJ with the kcal equivalent derived as 1 kcal = 4.184 kJ.

Prepared by: Mia Yu Approved by: Charlie Wang Date: Nov. 19, 2026